

Desert Leaf

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Jewelry As Meditation, Therapy, Art, Addiction

Laurie Wetterschneider of Laurie and Lisa Designs can relate. She designs her pieces by laying out all her stones and beads and "living" with them. I walk around them and feel them, and then there are times that I just know which need to be put with which," she explains. "They almost create themselves. It used to be I just bought some stones and beads and put them on a string. Then, as time passed, I realized which stones and which beads almost spoke to me."

